Timetra D. Clark, MSN, RN, FNP-BC

Advanced Practice Nurse Practitioner

Chicago, IL 60617 timetra.clark@yahoo.com +1 708 759 3112

Compassionate and dedicated nurse practitioner with 2 years of experience providing comprehensive healthcare services to diverse patient populations. Skilled in performing thorough assessments, diagnosing illnesses, and formulating evidence-based treatment plans. Proficient in collaborating with interdisciplinary teams to optimize patient outcomes. Strong communication skills with a proven ability to build rapport and educate patients on their healthcare needs. Committed to delivering personalized, patient-centered care while adhering to the highest ethical standards. Seeking to leverage my expertise and passion for nursing to contribute to a reputable healthcare organization. Licensed in IL. IN. & FL

Willing to relocate to: Florida - Indiana -Authorized to work in the US for any employer

Work Experience

Nurse Practitioner

Milan Laser Hair Removal - Chicago, IL December 2022 to Present

- Successfully operate and maintained advanced laser equipment, ensuring accurate and precise treatment delivery.
- Conduct thorough patient assessments and consultations to determine the most suitable laser treatments with Candela Gentle Max Pro machine.
- Train and mentor new laser technicians, demonstrate adherence to safety protocols and best practices.
- Implement quality control measures to ensure the safe and effective functioning of laser equipment.

Urgent Care Nurse Practitioner

Midwest Express Clinic - Chicago, IL April 2022 to December 2022

- Provided comprehensive primary care services to patients in an urgent care setting, including diagnosis, treatment, and follow-up care.
- Conducted physical examinations, ordered and interpreted diagnostic tests, and prescribed appropriate medications.
- Performed various procedures as medically indicated such as suturing, incision and drainage, splinting, laceration repairs, and cryotherapy.
- Educated patients and their families on disease prevention, treatment options, and self-care techniques. diet, medications and exercise.

Registered Travel Nurse

Cross Country Nurses - Sarasota, FL October 2021 to April 2022

Sarasota Memorial Hospital

- 26-week travel assignment in acute care setting to provide direct patient care for assigned patients and assist in care of other patients as needed for dialysis.
- Made appropriate adjustments and modifications to treatment plans and perform all technical aspects of dialysis procedures.
- Assessed educational needs of hospital staff, patients and family regarding acute, chronic, and end stage renal disease, dialysis therapy, diet and medications.

Dialysis Registered Nurse

DaVita - Chicago, IL

March 2018 to October 2021

- Provided continuous renal replacement therapy (CRRT) and dialysis to critical care patients.
- Monitored patients' vital signs, assessed their condition, and made necessary adjustments to treatment plans to optimize outcomes.
- Collaborated with a multidisciplinary team to develop and implement individualized care plans, promoting optimal patient outcomes.
- Educated patients and their families on dialysis procedures, dietary restrictions, and self-care techniques.
- Managed dialysis equipment, including troubleshooting and performing routine maintenance to ensure proper functioning.

FNP Clinical Residency

Various Locations

May 2020 to August 2021

South Suburban Hospital, Summer Semester 2021

• Completed 200 clinical hours in the Emergency Fast Track

Will County Health Department, Spring Semester 2021

• Completed 100 clinical hours in Pediatrics

Will County Health Department, Fall Semester 2020

• Completed 150 clinical hours in Adult health

Harlem Medical Center, Summer Semester 2020

• Completed 150 clinical hours in Family Medicine

Director of Nursing

TRI-STATE NURSING AND REHABILITATION - Lansing, IL July 2017 to March 2018

- Overseen care plan compliance and updates in accordance with prescribed plan of care.
- Implemented Quality Assurance and QAPI by tracking wounds and infection rates.
- Participated in the recruitment and selection of new staff, evaluation performance of nursing staff, and maintain a person centered care environment.
- Assisted with facility preparation for Annual State and Joint Commission Survey while facilitating plan of corrections for deficiencies sited.
- Screened for Medicare and Public Aid admissions from hospital and other LTC facilities.

Registered Nurse Supervisor

Montgomery Place - Chicago, IL January 2016 to July 2017

Supervised unit nurses and nursing assistants with productive leadership skills.

- Coordinated and facilitated TB testing and flu shot program for Montgomery Place's personnel and staff.
- Participated in Quality Assurance by tracking infection rates and incidents.

Licensed Practical Nurse, Skilled Facility

Montgomery Place - Chicago, IL February 2012 to January 2016

- Conduct patient rounds with physicians, carry out, and transcribe orders
- Administer medication and various treatments such as wound care, catheterization, suctioning of tracheostomy, ostomy, and oxygen in a timely manner.
- Assist in admission and discharge procedures.
- Communicate effectively any change of the patient's condition.

Home Health Nurse

Maxim Health Care - Matteson, IL December 2010 to October 2013

- Provided total care to pediatric patients with disabilities in their home.
- Administered medication, treatments, and timely documentation.
- Communicate effectively with family, resident and supervisor while maintaining a positive and professional demeanor.

Medical Office Nurse

Great Heights Family Medicine - Calumet City, IL November 2010 to December 2011

- · Order laboratory testing.
- Prepare patients of all ages for examination by physician.
- Administer immunizations and vaccinations.
- Administer Methadone to patients during Methadone Clinic hours while adhering to FDA regulations.
- Assist medical assistants with scheduling and insurance verifications.

Psychiatric Licensed Practical Nurse

Lydia Healthcare - Robbins, IL October 2010 to November 2011

- Provided empathy to individuals with mental health challenges in inpatient units.
- Possessed various skills, such as crisis intervention, medication management, behavioral therapy, and group counseling.
- Knowledge of mental health disorders such as depression, anxiety, bipolar disorder, schizophrenia, or personality disorders in a population of young adults to geriatric patients.
- Demonstrated the ability to conduct comprehensive mental health assessments, create individualized care plans, and collaborate with interdisciplinary teams to provide holistic care to patients.
- Showcased strong communication skills, both verbal and non-verbal.

Education

Master of Science in Nursing in Family Nurse Practitioner

University of Saint Francis - Joliet, IL

August 2017 to August 2021

Bachelor of Science in Accelerated

Saint Xavier University - Chicago, IL

May 2015

Certification

Brown Mackie College - Merrillville, IN January 2010

Nursing Licenses

CNP

Expires: May 2024

State: IL

RN

Expires: May 2024

State: IL

RN

Expires: July 2024

State: FL

RN

Expires: October 2023

State: IN

CNP

Expires: July 2024

State: FL

Skills

- Microsoft Office
- Alzheimer's Care
- Dialysis
- Critical Care Experience
- Hospital Experience
- Primary Care Experience
- Epic
- Botox Experience
- Experience Administering Injections
- Esthetic Laser Treatment
- Psychiatric care (1 year)

Awards

ANEW Scholarship Award

September 2020

Certifications and Licenses

Advanced Cardiovascular Life Support (ACLS)

August 2021 to August 2023

Board Certified Family Nurse Practitioner

December 2021 to Present

Certified through American Nurse Credentialing Center

BLS for Healthcare Providers

August 2021 to August 2023

Groups

American Nurse Association

August 2015 to Present

American Association of Nurse Practitioners

September 2021 to Present

American Nephrology Nurse Association

March 2018 to April 2022