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**WORK EXPERIENCE:**

- Aesthetic Dermatology RN:** LaserAway, Edina, MN **5/2023 – Present**
- Proficient in procedures like neurotoxins, laser hair removal, CoolSculpting, laser tattoo removal, Potenza microneedling, Thermage, IPL photofacial, Hydrafacial, and laser facials.
  - Advised and treated 10+ patients daily, showcasing a patient-focused approach and empathetic communication, essential for building client-provider relationships.
- Plastic Surgery RN:** Omni Cosmetic, Wayzata, MN **8/2022 – Present**
- Assisted the surgeon during patient consultation for both body and facial surgeries, providing invaluable insights and guidance to patients based on my extensive expertise.
  - Coordinated surgical procedures, meticulously managing pre-operative assessments, scheduling, and post-operative care.
- Community Health RN Lead:** Fairview Health Services, St Paul, MN **9/2022– 2/2024**
- Led mobile clinic operations in collaboration with community partners and government agencies, ensuring safe handling and distribution of medications, vaccines, screenings, and testing procedures.
  - Addressed community needs effectively, troubleshooting and adjusting clinical and operational supports accordingly.
- Travel Float Pool Med-Surg RN:** Allina Health, Minneapolis, MN **12/2021 – 2/2024**
- Seamlessly transitioned across diverse units including Med-Surg, Oncology, Rehab, Ortho, Neuro/Spine step-down ICU.
  - Excelled in fast-paced environments and demonstrated rapid problem-solving ability.
  - Utilized Epic, Cerner, and ModMed to streamline patient care and documentation processes.
- Plastic/General Surgery RN:** Mayo Clinic Hospital, Rochester, MN **8/2021 – 9/2022**
- Proficient in identifying patients' discharge needs comprehensively. Skilled in consulting the appropriate care team and coordinating resources effectively to ensure seamless transitions to discharge.
  - Contributed to a nursing team honored with the "Excellence in Patient Experience" award for five consecutive years. Demonstrated exceptional teamwork and commitment to delivering outstanding patient care.
- Senior Public Health Manager:** Minnesota Department of Health, Remote **2/2020 – 8/2021**
- Provided strategic leadership to a team of 50+ case investigators. Implemented productivity standards and offered counseling to ensure the team stayed current with rapid COVID-19 prevention guidance.
  - Conducted in-depth analysis of epidemiologic data to complete COVID-19 contact tracing. Collaborated on school outreach initiatives to enhance community safety and awareness.
- Research Project Lead:** St. Olaf College Study Abroad, Cusco, Peru **9/2019 – 1/2020**
- Spearheaded a research project investigating Peruvians' use of herbal medicine and their spiritual understanding of health. Conducted in-depth interviews with 30 village leaders, promoting cross-cultural understanding.
  - Assisted in mobile primary and dental clinics, ensuring access to essential healthcare resources, and contributing significantly to community well-being.
- Healthcare Technology Research Intern:** Mayo Clinic – Media Support Services, Rochester, MN **5/2019 – 8/2019**
- Implemented strategic user interface improvements on the new Media on-demand system based on nursing and patient feedback, resulting in 20% reported patient experience satisfaction.
  - Developed comprehensive surveys and conducted in-depth data analysis. Managed survey distribution across Mayo Clinic campuses in Wisconsin, Florida, and Minnesota, ensuring diverse and representative responses.

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**CERTIFICATIONS:**

- Registered Nurse: MN #2490723
- Public Health Nurse: #31061
- Basic Life Support, American Hearts Association: expires 10/2024
- Advance Life Support, American Hearts Association: expires 10/2024

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**EDUCATION:**

- St. Olaf College, Northfield, MN
- Bachelor of Arts in Nursing; Women & Gender Studies; Family Studies